

Golden Crane Class Schedule – Effective September 1, 2010

Program [Age]	Novice Level [Belt Colors]	Intermediate Level [Belt Colors]	Advanced Level [Belt Colors]
Junior [5-7 yrs old]	White, Purple, Yellow, Orange, Blue	N/A	N/A
Youth [7-12 yrs old]	White, Purple, Yellow, Orange, Blue	All Levels Green, 1 st & 2 nd Level Brown	Red, Black
Teen [12-15 yrs old]	White, Purple, Yellow, Orange, Blue	All Levels Green, 1 st & 2 nd Level Brown	Red, Black
Adult [16+ yrs old]	White, Purple, Yellow, Orange, Blue	All Levels Green, 1 st & 2 nd Level Brown	3 rd Level Brown, Black
Note: The above is a guideline only. We understand that students mature and progress at different levels, at different ages. Working together with you, and your child, we will be able to make recommendations for the best possible training experience – thank you!			

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00-10:00 AM Adult [16 + yrs] Teen [12-15 yrs] ALL Rank Levels ALL Belt Colors		9:00-10:00 AM Adult [16+ yrs] Teen [12-15 yrs] ALL Rank Levels ALL Belt Colors		8:00-9:30 AM Tai Chi Level I & Level II
		For July & August add: 10:45-11:30 AM **Junior [5- 7 yrs] **Youth [7-12 yrs] ALL Rank Levels ALL Belt Colors			9:40-10:10 AM Junior [5-7 yrs] ALL Rank Levels ALL Belt Colors
					10:20-11:05 AM Youth [7-12 yrs] ALL Rank Levels ALL Belt Colors
**Summer AM classes for Junior & Youth students are available in July & August only	For July & August add: 11:30AM-12:15 PM **Junior [5- 7 yrs] **Youth [7-12 yrs] ALL Rank Levels ALL Belt Colors				11:15 AM-12:15 PM Adult [16 + yrs] Teen [12-15 yrs] ALL Rank Levels ALL Belt Colors
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	4:15-4:45 PM Junior [5-7 yrs] ALL Rank Levels ALL Belt Colors			4:15-4:45 PM Junior [5-7 yrs] ALL Rank Levels ALL Belt Colors	
	5:00-5:45 PM Youth [7-12 yrs] Intermediate & Advanced Levels Belt Colors: Green, Brown, Red, Black	5:00-5:45 PM Youth [7-12 yrs] Novice Level Belt Colors: White, Purple, Yellow, Orange, Blue	5:00-5:45 PM Youth [7-12 yrs] Intermediate & Advanced Levels Belt Colors: Green, Brown, Red, Black	5:00-5:45 PM Youth [7-12 yrs] Novice Level Belt Colors: White, Purple, Yellow, Orange, Blue	
6:30-7:30 PM Tai Chi Level I & Level II	5:50-6:50 PM Teen [12-15 yrs] ALL Rank Levels ALL Belt Colors		5:50-6:50 PM Teen [12-15 yrs] ALL Rank Levels ALL Belt Colors	5:50-6:45 * PM Youth [7-12 yrs] Teen [12-15 yrs] Kobudo Traditional Weapons	*On the 2 nd Friday of each month, rank testing may be held instead of weapons. Please refer to the student activity calendar – thank you!
7:30-8:00 PM Tai Chi Level II	7:15-8:15 PM Adult [16+ yrs] Novice, Intermediate & Advanced Levels Belt Colors: ALL Colors	7:00-8:00 PM Tai Chi Level I & Level II	7:15-8:15 PM Adult [16+ yrs] Intermediate & Advanced Levels Belt Colors: Green, Brown, Black	7:15-8:15 PM Adult [16+ yrs] Novice Level Belt Colors: White, Purple, Yellow, Orange, Blue	
		8:00-8:30 PM Tai Chi Level II	8:15-9:00 PM Adult [16+ yrs] Kobudo Traditional Weapons		

Note: Please refer to the monthly student activity calendar for any additions or changes to the class schedule due to holidays, rank testing and/or special activities. View the activity calendar on-line at: www.golden-crane.com/events.html